

REDS Recovery College

rt of St Andrew's Healthcare

Estelle Randle Recovery Partner



Have a look!

ON Ward sessions

Spencer North & South
Every other Monday 13:30-14:30
Interactive Wellness Sessions

Naseby
Every other Friday
13:30-14:30
Interactive Wellness Sessions

Low Secure Specialist
Rehab and CAMHS Division
Recovery Partner Poster

OFF The Ward...

Discovery of Recovery
William Wake House
Tuesday 4 June - 13:30 - 15:00

How to Find Hope Workshop - Patient
Recreation Centre (PRC)
Monday 10 June - 14:00 - 16:00
(This course is also open to members
of the public who are over 18)



SCAN TO BOOK!

Learner feedback:

"Participants were given an sopportunity to express themselves and learn from others experiences."

Contact me for an informal chat to see what REDS can offer you!

esrandle@stah.org 01604872849 Highlight of the month!
Our first patient trainer
delivering a brilliant session
on Naseby ward! Well done!

All our courses are open to staff and patients and can be tailored to suit the individual learners.

All Recovery (ollege courses count towards patient therapy hours as a meaningful activity and staff (PD!