



› Research at St Andrew's

Putting people living with dementia at the heart of their care



Co-production of the Care Planning Process with people with Dementia

We know from supporting people at St Andrew's who are living with dementia and who have complex needs, that they can sometimes find themselves side-lined. Needing a period of care in hospital, when also living with dementia, can mean that a person becomes even more vulnerable to not being heard.

St Andrew's has been collaborating with academics and people with living experience of dementia to create a toolkit, helping care teams across the sector in care homes and inpatient settings to actively involve people with dementia in writing their own care plans.

Having been piloted within our dementia village, the toolkit includes practice standards, checklists and tips for staff.

"To support the development of the toolkit the steering group has developed Practice Standard Statements which are inclusive and respectful of all those affected by dementia. They champion the partnership between the person living with dementia and all those involved in their care, and set the standard for what is expected from a genuinely co-produced care plan."

Dr Inga Stewart, Consultant Clinical Psychologist and Clinical Research Fellow at St Andrew's

To find out more about the next steps in the development of the care planning toolkit you can get in touch with Inga by emailing: research@stah.org

INSIGHT

John's Campaign

The right of people with dementia to be supported by their family carers.

John's Campaign is a national campaign that has grown to welcome, not just allow, people to support their relative or friend in care homes and hospitals across the country. John's Campaign is an attitude of mind, and embedding the principles into our practice helps us to achieve truly person-centred care, and improved experiences and outcomes for all.

St Andrew's is an Ambassador for John's Campaign and this is our registered pledge;

"At St Andrew's Healthcare, we recognise the importance of welcoming families and friends. We invite them to work with us as equal partners-in-care, according to their wants and needs. By doing so, we can support truly person-centred care, and improved experiences and outcomes for all."

Research at St Andrew's

The benefits of technology for people living with dementia

INSIGHT

This insight is based on the case study paper; 'Co-production in clinical practice: a case-study of engagement with patients with dementia and Huntington's disease to develop meaningful cognitive activities'.

Alessandra Girardi, Elanor Webb, Inga Stewart, Simon Stokes and Kieran Breen

The development and clinical application of digital devices to support and enhance the lives of people living with dementia can be challenging due to differing needs of patients, many with largely heterogeneous and progressive symptoms.

Working in collaboration with Memjo, a start-up from the University of East Anglia, and people in our care living with dementia and Huntington's disease, we've been testing whether a digital interactive prototype tablet can be used to promote and enhance cognitive stimulation and reminiscence. Findings from this case study are being used to further enhance the capabilities of this software and develop the platform to meet the needs of the user group.

To contact the authors of the research, email:
research@stah.org



Get in touch

For help with a referral into our Dementia Service please speak to our Admissions Team on:

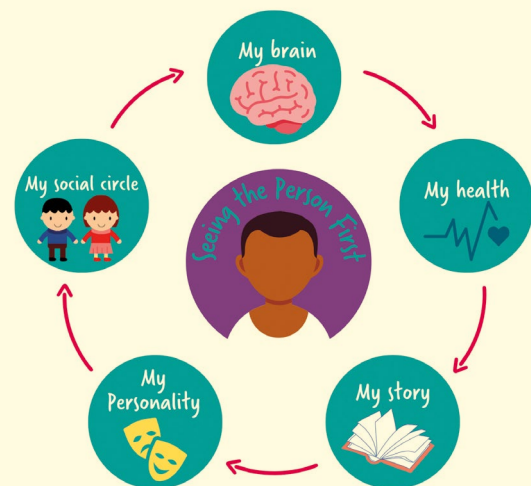
t: 0800 434 6690
e: SAH:admissions@nhs.net
w: stah.org/neuro

To find out more from our Research Centre:

t: 01604 616 088
e: research@stah.org
w: stah.org/research

Seeing the Person First

In our Lowther dementia village we use the Enriched Model of Dementia Care



We see the person behind the condition and focus on what makes each person an individual. We work with each person, and their partners-in-care, to ensure we understand what is important to them.

All our Neuropsychiatry team are trained in person-centred care. This influences all our interactions with patients and how care is approached. Person-centred care is more than being nice or being kind; it requires everyone around the person to pay special attention to the quality of relationships and the environment.

How we demonstrate that we are person-centred:

- ✓ We value people
- ✓ We treat people as individuals
- ✓ We seek to understand perspective
- ✓ We provide a supportive social psychology