

Meeting the Challenge.....



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Why have a special edition on focusing on trauma?

- Growing evidence that autistic people are more likely to be
 - exposed to potentially traumatic events across the lifespan
 - exposed to additional types of stressors
 - diagnosed with PTSD
 - diagnosed with mental health needs additional needs
- Autistic people are a heterogenous population and we can't assume that findings can be generalised to all autistic people.
- The relationship between trauma and autism is complicated and needs disentangling
- There is a growing body of research that aims to understand this relationship and to develop guidance and treatments
- The time is right to bring people together to develop practice based papers to support clinicians and autistic people to gain better outcomes



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Key areas of trauma that we address today



Prevalence of exposure to different types of harm in childhood

How do we identify trauma needs in autistic people? (tools)

Distinguishing between trauma presentations and autism

additional sources of trauma for autistic people

the trauma experiences of different autistic groups

How do we identify trauma needs in autistic people? (processes)

The long term trauma outcomes for autistic people

Inclusion in national and professional guidance

How do we reduce the impact of trauma - treatment approaches

Theoretical models that account for trauma

the relationship between autism, trauma and wider mental health needs

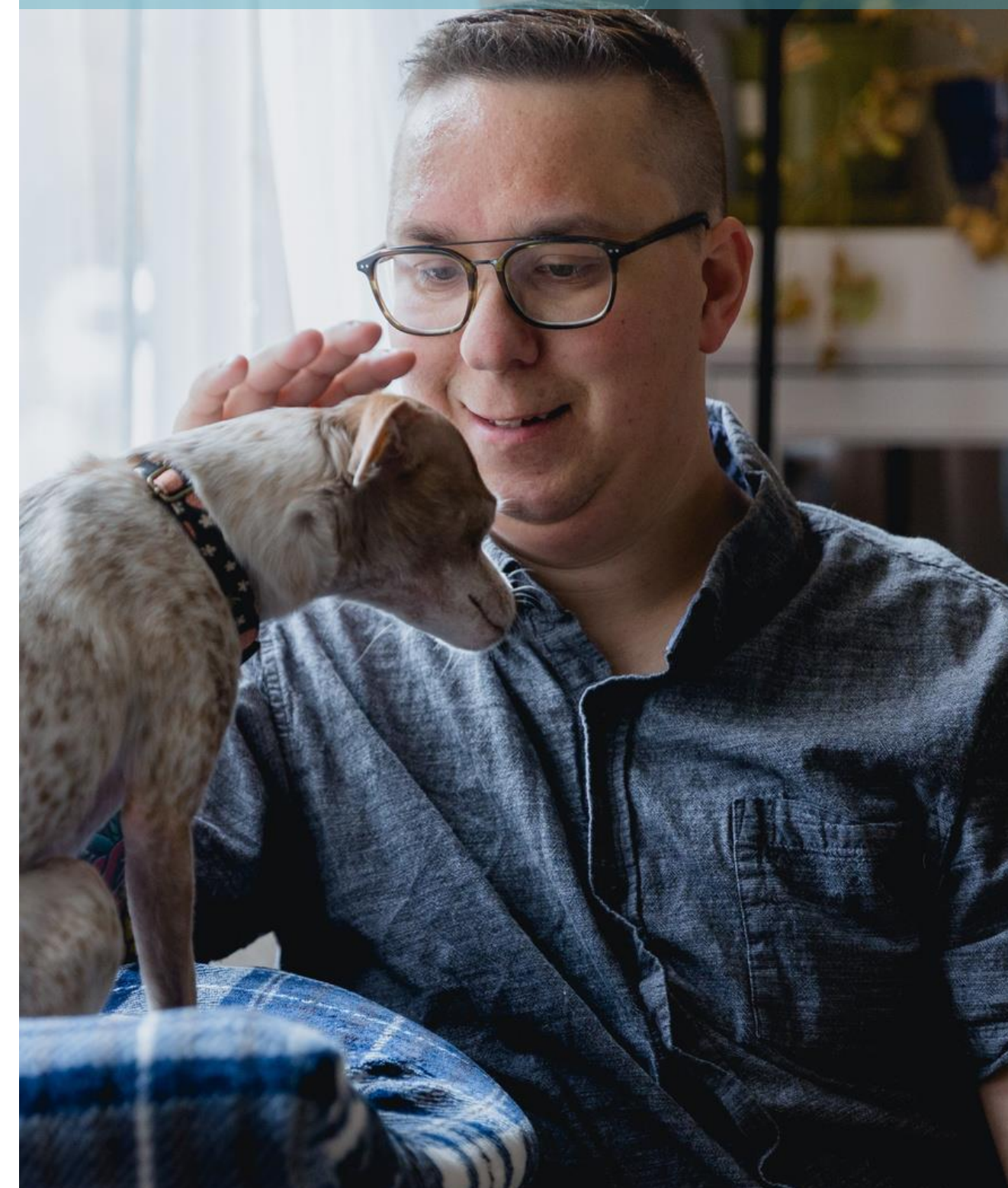
Thinking beyond trauma diagnoses - how do we reconcile autism related needs and personality disorder



Building a community approach to key research and clinical questions



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- Please use today to get involved and be curious.....
 - Research projects being promoted at this event
 - With the speakers - through chat, networking...
 - With each other - post about your service needs - research aspirations and see if they match with others that are here..

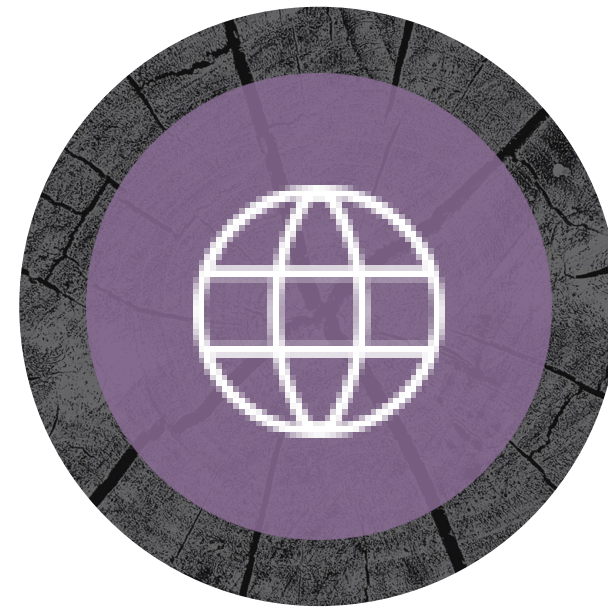
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